

BCAN Homeless Forum 

working together to combat homelessness in Bristol

in association with

*Crisis Centre
Ministries*

Bringing God's grace and healing love
to people with life-disrupting problems

present

Helping Vulnerable People

the volunteer training programme

2009-2010

Helping Vulnerable People

Who?

This training is aimed at current and potential volunteers: people who have an interest, but perhaps no experience, in helping vulnerable people and those with life-disrupting problems. Our main focus is on homelessness and the problems that tend to go with it.

What?

The training is delivered from a Christian perspective, but is open to everyone and does not assume that those taking part have any faith commitment. There will be time given to allow people to ask questions and challenge the standard answers, so participants will be expected to think! We will supply detailed course notes, but please bring a pen.

When?

The programme runs from September through to July, missing December (but April is different) and each session is delivered twice. You can usually come either on the second Wednesday of the month (at the CCM office) or on the second Saturday (at Trinity Tabernacle).

Please aim to be with us for coffee and registration by 7:30 pm on the Wednesday evenings, or 9:45 am on Saturday mornings. On nine of the ten sessions, the training will run from 7:35 to 9:30 pm (Wednesdays) and 10 am to 1 pm (Saturdays), but *Share Your Faith* will extend over three consecutive Wednesday evenings and will run from 10 am until 5 pm on the Saturday – please bring a packed lunch for this.

Cost

We ask for a donation of £4 for the course notes, plus £3 per session to cover the cost of administration, tea and coffee, and a contribution to the room hire; or £25 for everything – all ten sessions and the notes. However, CCM volunteers are welcome to attend for free, and we don't want anyone to be excluded because of the cost.

About us

This training is being arranged by BCAN (the Bristol Christian Action Network) in association with CCM (Crisis Centre Ministries). BCAN is sponsored by the Bristol Evangelical Alliance, but aims to serve the whole church and the wider community in and around Bristol. For more information about BCAN and CCM, please visit their web sites:

<http://www.bcan.org.uk/bhf>

<http://www.crisis-centre.org.uk>

Helping Vulnerable People

Programme 2009-2010

Date	Topic
September 2009 9 (CCM) 12 (Trinity)	Introduction – what we are aiming to do, working together with each other, working with other groups, policies, personal safety.
October 2009 10 (Trinity) 14 (CCM)	Personal effectiveness – boundaries, resources, essential personal skills (such as communication and listening); ways to grow.
November 2009 11 (CCM) 14 (Trinity)	Reaching out – understanding our clients, recognising the effects of drugs and alcohol, what it is like to live on the street; what makes a difference short term and what sustains a difference long term.
January 2010 9 (Trinity) 13 (CCM)	Homelessness – what it is like; why people become homeless; the family; sources of help and barriers to being helped; what we can do.
February 2010 10 (CCM) 13 (Trinity)	Addiction – what it is like; why people become addicted and how they can get free; family and friends, sources of help, barriers to help; what we can do.
March 2010 6 (Trinity) 10 (CCM)	Mental health – understanding the main areas of mental illness; addiction and mental health; sources of help, barriers to being helped; what we can do; avoiding unhelpful responses.
April 2010 10 (Trinity) 14, 21 & 28 (CCM)	Share your faith – communicate what you believe in a way that works both for you and for the people you talk with: sensitive, gentle, attractive and enjoyable; how to answer those difficult questions.
May 2010 8 (Trinity) 12 (CCM)	Faith and social action – different ways they have been linked; why the combination is essential; the place of prayer, prophecy and deliverance in helping people.
June 2010 9 (CCM) 12 (Trinity)	Work – the importance of work; the difficulty of getting and keeping it; what unemployment is like; why people become unemployed; schemes and programmes that help.
July 2010 10 (Trinity) 14 (CCM)	Supporting people – how and why people change; helping people survive through change; counselling in its many forms; alternative approaches.

Helping Vulnerable People

Directions

To get to Trinity Tabernacle:

From the Lawrence Hill roundabout, turn South onto St Philips Causeway (the A4320), taking care to be in the right hand lane. Immediately take the short slip road on your right, then across the other carriageway and into Hassell Drive.

Trinity Tabernacle is on your right, and the Salvation Army on your left.

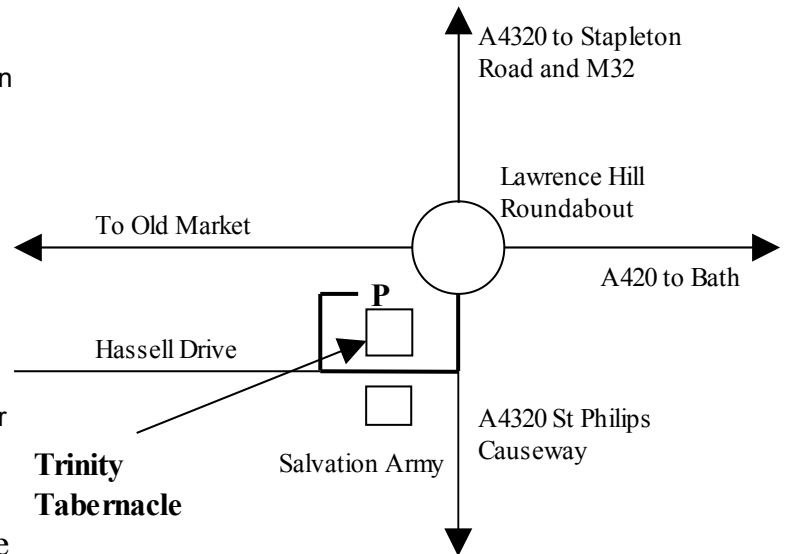
Take the first right just past Trinity Tabernacle, then right again into the car park.

If you would like further directions to Trinity Tabernacle or to the CCM office, please visit the BCAN web site at <http://www.bcan.org.uk/bhf/training/venues.htm>

You can contact the CCM office for further directions or other information about the training at:

Crisis Centre Ministries, 12 City Road, Bristol, BS2 8TP

Telephone: (0117) 942 3088 Email: office@crisis-centre.org.uk



Bookings

If it is possible, please let us know by the previous Monday if you plan to come. You can just turn up on the day, but there may not be enough copies of the training notes and handouts for everyone.

Please send the form below (with your donation, if possible) to the CCM office. Cheques should be made payable to 'CCM'. Feel free to photocopy this form as required; more copies are available from the BCAN web site or the CCM office.

Please book me in to *Helping Vulnerable People*. I enclose:

() £25 / for the complete set of ten sessions, including notes, *OR*

() £6 / for one session, including notes (Date:)

Name:

Address:

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