

This workshop is one in a series on mental wellbeing and spirituality organised by Wholeminds. Wholeminds is a Hope's Place initiative, that aims to equip churches to engage in the area of mental health. If you would like more information on our work, please email kate@wholeminds.org.uk

This event is supported by:

wholeminds
spiritual mental health



Venue, Bristol
Saturday 21st November 2009

Provisional Outline

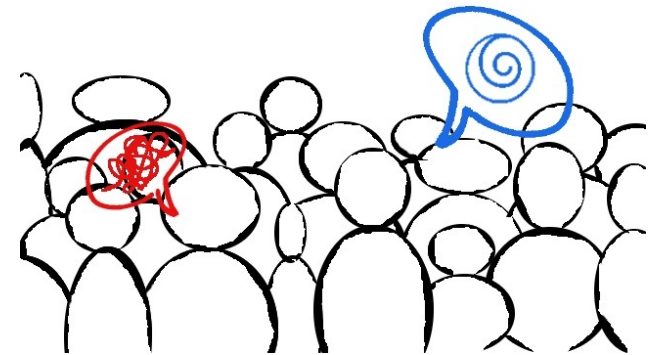
- 0915 – Registration
- 0945 – Introduction from the Chair
- 1000 – Mental Health and Healing: Part I
- 1115 – Coffee
- 1145 – Mental Health and Healing: Part II
- 1300 – Lunch and Networking
- 1400 – Marvin
- 1500 – Coffee
- 1515 – The Vision: Wholeminds
- 1530 – Discussion Forum
- 1630 – End

For more information, email admin@hopesplace.org.uk, ring 0117 9686303
or visit www.wholeminds.org.uk

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Mental Health & Healing in the Life of the Church

Dr. Jo & Rev. Gavin Knight



Gavin and Jo Knight will explore issues of mental health and healing in the life of the Church via their joint perspectives of priest and psychologist. In particular, they will consider how church worship and liturgy can connect with psychological thinking. The importance of story-telling and story-listening is central to their shared approach.

Marvin will explore the relationship between mental health, inequality and the modern growth-focused economy. He suggests for discussion that there is a fundamental contradiction in our desire for mental and emotional wellbeing and a global political-economic order that prioritises growth through consumption. It is the challenge to the prophetic church.

Speakers



Gavin Knight worked for Saatchi & Saatchi before reading theology at St Andrew's University. Since training for ordination at Cuddesdon, he has served in parishes in Birmingham and London and is currently Chaplain of Monmouth School. He has a Masters Degree in Applied Theology from Oxford.

Joanna Knight read English at Cambridge before training as a Clinical Psychologist. She specialises in child psychology and has worked for the NHS with children and their families in London, the South East and Warwickshire. She currently works for a charity, which she helped establish, which offers a training service for parents and professionals living or working with children

with autistic spectrum disorders.

Gavin and Jo are co-authors of *Disturbed by Mind and Spirit: Mental Health and Healing in Parish Ministry* (Continuum, 2009) and *Called by Mind and Spirit: Crossing the Borderlands of Childhood* (due to be published in February 2010). They live in Monmouth with their three boys.

Marvin Rees is exercised by two questions: why are some people so rich whilst others are so poor, and what does reconciliation look like? Marvin is currently Delivering Race Equality in Mental Health Care Programme Manager for NHS Bristol. He has a first MA in The Politics of Black America and a second in Global Economic Development. He has worked with UK-based development agency Tearfund, interned with Jim Wallis's Washington DC-based Sojourners and spent two years working with Tony Campolo's Evangelical Association for the Promotion of Education. He has also spent five years with the BBC as a broadcast journalist.



Marvin holds a public appointment on the National Community Forum, sits on the board for Ujima Radio and is a member of the Bristol Legacy Commission. He also recently began to present a show on BBC Radio Bristol. He lives in Bristol with his wife their young son. They are members of Hope Community Church in Hotwells.

Booking Form

(for Saturday 21st November 2009)

Name _____

Address _____

Phone No _____

E-mail _____

Church _____

(where applicable)

Role in Church _____

Please return this form along with payment of £30 to:

**Mental Health Conference,
Hope's Place,
21 Stoke Hill, Stoke Bishop,
Bristol, BS9 1JN**

Cheques payable to Hope's Place. Some concessionary places are available: please ask. Thank you.