

Christchurch, Clifton, Bristol

Saturday 23rd January 2010

This event is supported by:



wholeminds
spiritual mental health



- 0930 – Registration
- 1000 – Reflection
- 1015 – All About Me: Part I
- 1130 – Coffee
- 1145 – All About Me: Part II
- 1300 – Lunch (BYO)
- 1345 – Teaching I.D
- 1445 – Tea
- 1500 – Discussion Forum
- 1600 – End

For more information, email
admin@hopesplace.org.uk, ring 0117 9686303
or visit www.hopesplace.org.uk

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All About Me: A Critical Look at the Self-Esteem Movement

Glynn Harrison



Photography: Span

“Since the 1969 publication of The Psychology of Self-Esteem, in which Nathaniel Branden opined that self-esteem was the single most important facet of a person, the belief that one must do whatever he can to achieve positive self-esteem has become a movement with broad societal effects. Anything potentially damaging to kids' self-esteem was axed. Competitions were frowned upon. Soccer coaches stopped counting goals and handed out trophies to everyone. Teachers threw out their red pencils. Criticism was replaced with ubiquitous, even undeserved, praise.”

Po Branson, How Not to Talk to Your Kids: The Inverse Power of Praise, *New York Magazine*, 12 February 2007.

Recent years have witnessed a growing disregard amongst psychologists for the “self esteem movement”, which is now considered to have had adverse affects on children's emotional literacy and achievements.

This event will explore the concepts of identity and self esteem, as well as how they are understood and taught in contemporary society: Glynn will critically analyse the modern approaches to understanding and promoting self-esteem. He will then present some biblically-based alternatives, considering how self esteem fits into the broader framework of Christian values. Lizzie will talk from her experiences of delivering the Hope's Place programmes on identity and self esteem to young people at risk of exclusion from school. She will discuss our pedagogical ideology and technique, sharing our story and stories from the lives of course participants.

Speakers

Glynn Harrison works for the Academic Unit of Psychiatry at Bristol University, where he has the position of Norah Cooke Hurle Professor of Mental Health. Alongside his extensive research into mental disorders, including his most recent book, *Recovery from Schizophrenia*, Glynn is a lay minister at Christ Church, Clifton and lectures frequently on issues of psychiatry and faith.

Lizzie Thomas has been working for Hope's Place as an education programme facilitator since graduating over a year ago. She has a degree from the University of Bristol in Early Childhood Studies and is involved in the children's ministry at Christ Church Clifton. She is also currently training to be a counsellor with Network.

Booking Form

(for Saturday 23rd January 2010)

Name _____

Address _____

Phone No _____

E-mail _____

Church _____
(where applicable)

Role in Church _____

Please return this form along with payment of £25 to:

**All About Me Conference,
Hope's Place,
21 Stoke Hill, Stoke Bishop,
Bristol, BS9 1JN**

Cheques payable to Place of Hope CIC.

Some concessionary places are available:
please ask. Thank you.