



# *Bluebell Breakfast at Bordeaux Quay*

*June 12<sup>th</sup> from 9am onwards*

Raising funds to support mothers and families affected by Post-natal Depression in Bristol.

Enjoy a relaxing breakfast, purchase products from local artists and designers and support a fantastic local charity.

*'Come ready to shop'*

Local artists and designers will be selling their products with 10% from each sale donated to Hope's Place.

Hope's Place supports mothers affected by post-natal depression through home visits and support groups and relies on volunteers and fundraising to continue this vital work in the Bristol area.

Tickets are £10 which includes a breakfast of coffee, tea, fresh juices, pastries and croissants by Bordeaux Quay with all profits donated to Hope's Place.

A raffle will also be held offering seriously luxurious treats.

We hope you can join us and help us to continue this much needed work in the Bristol area. On the day we will be launching our new campaign 'Bluebell Nurses' which will be a specialist community based nursing service for mothers affected by post-natal depression. We are embarking on a campaign to raise enough money to recruit the first 'Bluebell Nurse' in Bristol and we need your support. This will be the first nursing service dedicated to post-natal depression in the UK and we hope you will be able to join us in making this dream a reality in Bristol and hopefully beyond. More details on this campaign and how you can help will be available on the day.

For more information and to purchase tickets contact Ruth Jackson on [ruthjac@mac.com](mailto:ruthjac@mac.com) or 07767324003

